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books

By the Same Author:

JAMS

SALADS

PUDDINGS

MEALS ON A TRAY

CAKES OF ENGLAND

COLD SAVOURY MEALS

DIET FOR CHILDREN

SUMMER DRINKS AND WINTER CORDIALS

The Perfect Picnic

Hilda Leyer



 **SQUARE PEG**
LONDON



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more perfect way of spending a hot day. Sea, river, hills, woods or fields all make their appeal, and it is one of the best ways to get complete relaxation.

Hilda Leyel.
Shripney Manor,
Shripney,
Sussex.

Menus

Menu No. 1

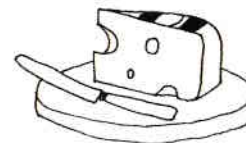
Chicken pie.
Green pea and ham salad.
Chocolate mousse.
Cheddar cheese and crusty rolls.

23

Menu No. 2

Chicken liver terrine and French rolls.
Pea and potato salad.
Melon.
Flapjacks.

26



Menu No. 3

Glazed Cucumber.
Cream of Rabbit.
Spaghetti and Truffle Salad.
Apple cake.
27

Menu No. 4

Lobster cardinale.
Devilled lamb with nasturtium sauce.
Watercress and orange salad.
Cherry cake.
29

Menu No. 5

Cream of celery soup.
Foie gras pie.
Lettuce salad.
Lemon soufflé and pistachios.
32

Menu No. 6

Hard-boiled eggs.
Sausages and French mustard.
Ham and watercress salad.
Ripe pears and almond cakes.
36

Menu No. 7

Tomato cocktail.
Veal and ham pie.
Lettuce and cucumber salad.
Glacé grapes.
37

Menu No. 8

Hot artichoke soup.
Egg mayonnaise.
Bacon and broad bean salad.
Apricot cake.
Cheddar cheese and crusty rolls.
39



Menu No. 9

Mulligatawney soup.
Cold ham and potato salad.
Yorkshire parkin.
Cream cheese and celery biscuits.
41

Menu No. 10

Cottage crab.
 Baked English casserole.
 French bean salad and mousse of eggs.
 Lemon cake.
 42

Menu No. 11

Smoked salmon.
 Veal loaf and cauliflower salad.
 Polenta and orange cake.
 Gruyere cheese and water biscuits.
 44

Menu No. 12

Potted grouse.
 Cold chicken.
 Compôte of peppers.
 Fruit salad.
 46

Menu No. 13

Stuffed pimentos.
 Roast pork and sauce Robert.
 Potatoes in jackets.
 Cream-cheese, black olives and cream crackers.
 47

Menu No. 14

Hot almond soup.
 Chicken with poulette sauce.
 Asparagus and cucumber salad.
 Strawberries and cream.
 49



Menu No. 15

Spiced pressed beef.
 Beetroot and cabbage salad.
 Brandied peaches.
 Goats' cheese and wholemeal rolls.
 51

Menu No. 16

Hot potato soup.
 Marinade of halibut.
 Cucumber and gherkin salad.
 Coffee cake.
 Cheshire cheese and oat cakes.
 53

Menu No. 17

Lobster cream.

Pigeon pie.

Orange and celery salad.

Rice cake.

55

Menu No. 18

An excellent fish pie.

Cold tongue.

Egg, watercress and nut salad.

Grapefruit salad with Kirsch.

56

Menu No. 19

Game terrine with red currant jelly.

Beef and horseradish sauce.

Spiced beetroot, potatoes in jackets.

Fruit cake.

58

Menu No. 20

Purée of smoked haddock with tartare sauce.

Chicken and bread sauce.

Chinese orange salad.

Chocolate soufflé and Devonshire cream.

60

Menu No. 21

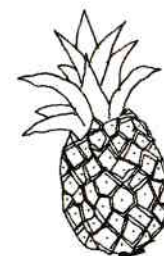
Hot green pea soup.

Salad of curried rice and olives and cucumber.

Pineapple cake.

Roquefort cheese and oat biscuits.

62



Menu No. 22

Eggs with anchovy butter.

Rabbit pie and catsup.

Watercress salad.

Melon.

64

Menu No. 23

Roast duck and apple sauce.

Green pea, orange and beetroot salad.

Ginger cake.

Goats' cheese and Bath Olivers.

66

Menu No. 24

Cold consommé.
 Chicken and bread sauce.
 Watercress, beetroot and nasturtium salad.
 Torone and quince jam.
 Camembert cheese, olives and brioches.

67

Menu No. 25

Sausages and French mustard
 Beetroot salad.
 Apple flan.
 Gorgonzola cheese and wholemeal scones.

70

Menu No. 26

Chicken liver mousse and caraway straws.
 Ham with Cumberland sauce.
 Spaghetti and green pepper salad.
 Raspberries and cream.

71



Menu No. 27

Crab tartlets.
 Macédoine of vegetables.
 Pickled peaches.
 Cheddar cheese, green butter and water biscuits.

73

Menu No. 28

Asparagus soup.
 Salmon loaf.
 Spinach soufflé.
 Fresh peaches and cream.

75

Menu No. 29

Foie gras tartlets.
 Cold beef with horseradish sauce.
 Sweet potatoes in jackets.
 Cherry jam and fresh English household bread.

77

Menu No. 30

Cantaloupe melon.
 Cold curry and rice.
 Tomato, coconut and olive salad.
 Lemon pie.

78